

The Medical Letter®

on Drugs and Therapeutics

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► Comparison Table: Some Drugs for Migraine Prevention in Adults

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Drug	Usual Adult Dosage	Efficacy	Precautions	Pregnancy and Lactation	Comments	Cost ¹
Oral Calcitonin Gene-Related Peptide (CGRP) Receptor Antagonists						
Atogepant – <i>Qulipta</i> (Abbvie)	75 mg PO every other day	▶ Reduced migraine frequency compared to placebo in double-blind trials	▶ Systemic adverse effects uncommon; nausea and somnolence can occur. ▶ Hypersensitivity reactions and hypertension have been reported	▶ No adequate data in pregnant women ▶ Present in low levels in breast milk; not expected to cause harm to breastfed infant	▶ Rimegepant is not FDA-approved for preventive treatment of chronic migraine	\$2016.20
Rimegepant – <i>Nurtec ODT</i> (Biohaven/Pfizer)	10, 30, or 60 mg PO once/day					1204.60
Anti-CGRP Antibodies ²						
Eptinezumab – <i>Vyepti</i> (Lundbeck)	100 or 300 mg IV q3 months	▶ Reduced migraine frequency compared to placebo in double-blind trials ▶ May be effective when other therapies have failed ▶ Erenumab has been shown (off-label) to be effective for prevention of menstrual migraine	▶ Generally well tolerated; injection-site reactions and constipation most common ▶ Anti-drug antibodies with <i>in vitro</i> neutralizing activity have developed; clinical significance unknown ▶ Hypersensitivity reactions, hair loss (with erenumab), and hypertension have been reported	▶ No adequate data in pregnant women ▶ Long half-life; fetal exposure could occur months after drug discontinuation ▶ Systemic absorption through breast milk is expected to be minimal	▶ Refrigerate during storage; drug should be allowed to sit at room temperature out of sunlight for ≥30 minutes before administration ▶ Eptinezumab: administered by IV infusion over 30 minutes ▶ Erenumab and fremanezumab: should be injected into abdomen, thigh, or upper arm ▶ Galcanezumab: should be injected into abdomen, thigh, buttocks, or upper arm	2066.20 ³
Erenumab – <i>Aimovig</i> (Amgen/Novartis)	70 or 140 mg SC once/month ⁴					783.00
Fremanezumab – <i>Ajovy</i> (Teva)	225 mg SC once/month or 675 mg SC q3 months					792.90
Galcanezumab – <i>Emgality</i> (Lilly)	240 mg SC once, then 120 mg once/month					763.90
Beta Blockers						
Metoprolol ⁵ – generic <i>Lopressor</i> (Validus) extended-release – generic <i>Toprol-XL</i> (AstraZeneca)	50-100 mg PO bid 100-200 mg PO once/day	▶ Effective and commonly used for prevention of migraine	▶ Can cause fatigue, exercise intolerance, and orthostatic hypotension ▶ Avoid in decompensated heart failure ▶ Relatively contraindicated in asthma ▶ May aggravate depression ▶ Use with caution in patients with erectile dysfunction, peripheral vascular disease, Raynaud phenomenon, baseline bradycardia, or low blood pressure	▶ A review found no overall increase in congenital malformations, but increased rates of cleft lip/palate and cardiovascular and neural tube defects have been reported ▶ Metoprolol and propranolol are preferred over other beta blockers in breastfeeding women	▶ Improvement may take several weeks ▶ Propranolol is FDA-approved for this indication ▶ The dose of rizatriptan should be limited to 5 mg (max 15 mg/day) in adults taking propranolol; rizatriptan orally disintegrating films are contraindicated with propranolol ▶ Timolol (20 mg once/day or 10-15 mg bid) is also FDA-approved for migraine prevention. Nadolol (20-240 mg once/day) and atenolol (25-100 mg once/day) may also be effective	1.80 151.20 13.80 65.30
Propranolol – generic extended-release – generic	40-160 mg PO divided bid 60-160 mg PO once/day					▶ Effective and commonly used for prevention of migraine

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Comparison Table: Some Drugs for Migraine Prevention in Adults (continued)						
Drug	Usual Adult Dosage	Efficacy	Precautions	Pregnancy and Lactation	Comments	Cost ¹
Antiseizure Drugs						
Valproate ⁶ – generic <i>Depakote</i> (Abbvie) extended-release – generic <i>Depakote ER</i>	250-500 mg PO bid 500-1000 mg PO once/day	▶ Valproate and topiramate are effective and commonly used for migraine prevention ▶ About half of patients achieve ≥50% reduction in headache frequency ⁷ ▶ Topiramate has been effective in patients with chronic migraine (≥15 headache days/month for ≥3 months)	▶ Common adverse effects: nausea, fatigue, tremor, weight gain, hair loss ▶ Polyendocrine metabolic ovarian syndrome, hyperinsulinemia, lipid abnormalities, hirsutism, and menstrual disturbances can occur ▶ Acute hepatic failure, pancreatitis, and hyperammonemia are rare	▶ Contraindicated for prevention of migraine in pregnant women ▶ Associated with an increased risk of major congenital malformations and lower IQ scores in offspring ▶ Generally considered safe for use while breastfeeding	▶ Only divalproex sodium (<i>Depakote</i>) is FDA-approved for prevention of migraine	\$10.90 254.40 19.00 203.50
Topiramate – generic <i>Topamax</i> (Janssen) extended-release – generic ⁸ <i>Trokendi XR</i> (Supernus) generic	50 mg PO bid ⁹ 100 mg PO once/day ⁹ 100 mg PO once/day ⁹		▶ Adverse effects: paresthesias, fatigue, language and cognitive impairment, taste perversion, weight loss, nephrolithiasis ▶ Secondary narrow-angle glaucoma, oligohydrosis, and symptomatic metabolic acidosis are rare	▶ Should not be used in pregnant women; increased risk of cleft lip and cleft palate ▶ Generally considered safe for use while breastfeeding	▶ May reduce efficacy of oral contraceptives, especially at doses ≥200 mg/day ▶ May be an option in patients concerned about weight gain	5.70 824.40 569.90 1089.90 360.80
Tricyclic Antidepressants (TCAs) ⁵						
Amitriptyline – generic	25-150 mg PO once/day	▶ Amitriptyline is the only TCA shown to be effective in clinical trials ▶ Nortriptyline, which has fewer adverse effects, is frequently used as an alternative.	▶ Adverse effects: sedation, dry mouth, constipation, blurred vision, urinary retention, tachycardia, palpitations, orthostatic hypotension, weight gain (adverse effects more common with amitriptyline) ▶ Confusion can occur, particularly in older adults	▶ TCA use during pregnancy has been associated with jitteriness and convulsions in newborns ▶ Generally safe for use while breastfeeding, but sedation could occur	▶ Can be given with other preventive agents, such as beta blockers ▶ Start at bedtime with a low dose ▶ May be an option for patients with comorbid insomnia	4.70
Nortriptyline – generic	25-150 mg PO once/day					4.80
Serotonin-Norepinephrine Reuptake Inhibitors (SNRIs) ⁵						
Venlafaxine – generic extended-release – generic <i>Effexor XR</i> (Pfizer)	25-50 mg PO tid 75-150 mg PO once/day	▶ Have been effective for migraine prevention in a few studies, but evidence is weak	▶ Adverse effects: nausea, vomiting, sweating, tachycardia, urinary retention, increased blood pressure	▶ Fetal malformations are uncommon ▶ Increased risks of neonatal behavioral syndrome and perinatal complications	▶ May be an option for patients with comorbid depression, panic disorder, or anxiety disorder ▶ Fluoxetine may also be effective	30.10 7.60 621.80
Duloxetine – generic <i>Cymbalta</i> (Lilly)	60 mg PO once/day		▶ Adverse effects: nausea, dry mouth, constipation, insomnia, headache, dizziness, and somnolence ▶ Small increases in blood pressure and heart rate have been observed	▶ Infants nursing from mothers taking venlafaxine should be monitored for sedation and inadequate weight gain ▶ Duloxetine is generally safe for use while breastfeeding, but sedation could occur		11.40 225.20

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Comparison Table: Some Drugs for Migraine Prevention in Adults (continued)						
Drug	Usual Adult Dosage	Efficacy	Precautions	Pregnancy and Lactation	Comments	Cost ¹
Angiotensin Receptor Blocker (ARB)⁵						
Candesartan – generic <i>Atacand</i> (AstraZeneca)	8-16 mg PO once/day	► Appears to be effective, but study quality is low ¹⁰	► Can cause hypotension, renal impairment, and hyperkalemia	► Contraindicated for use during pregnancy ► Does not appear to be secreted into breast milk in significant amounts, but data are limited	► Not frequently used for migraine prevention ► May be an option in patients who need treatment with an antihypertensive drug ► Telmisartan, lisinopril, verapamil, and nifedipine may also be effective	\$61.30 230.00
Botulinum Toxin Type A¹¹						
OnabotulinumtoxinA – <i>Botox</i> (Allergan)	155 units IM divided over 31 sites in 7 specific head/neck muscle areas every 12 weeks ¹²	► Reduced the number of migraine days per month in clinical trials ¹³	► Can cause headache and worsening migraine	► Reductions in body weight and decreased skeletal ossification were observed in the fetuses of pregnant rats and rabbits given the drug ► Abortions, early deliveries, and maternal death has occurred in pregnant animals given the drug ► Considered acceptable for use while breastfeeding	► <i>Botox</i> (not <i>Botox Cosmetic</i>) is FDA-approved for prevention of chronic migraine (≥15 days per month with headache lasting 4 hours a day or longer)	1302.00 ¹⁴
1. Approximate WAC for 30 days' treatment at the lowest usual adult dosage. WAC = wholesaler acquisition cost or manufacturer's published price to wholesalers; WAC represents a published catalogue or list price and may not represent an actual transactional price. Source: AnalySource® Monthly. September 5, 2026. Reprinted with permission by First Databank, Inc. All rights reserved. ©2026. www.fdbhealth.com/policies/drug-pricing-policy. 2. Erenumab targets the CGRP receptor. Eptinezumab, fremanezumab, and galcanezumab target CGRP itself. 3. Cost for one dose. 4. Some patients may benefit from a dosage of 140 mg once/month administered as 2 consecutive 70-mg SC injections. 5. Not FDA-approved for prevention of migraine. 6. Marketed as divalproex sodium (<i>Depakote</i> , and generics) and valproic acid (<i>Depakene</i> , and others). 7. WM Mulleners et al. <i>Cephalgia</i> 2015; 35:51. 8. Generics for <i>Qudexy XR</i> (brand name no longer manufactured). 9. The recommended initial daily dose is 25 mg. The daily dose should be increased weekly in 25-mg intervals up to 100 mg. 10. JAA Damen et al. Comparative effectiveness of pharmacologic treatments for the prevention of episodic migraine headache: a systematic review and network meta-analysis for the American College of Physicians. <i>Ann Intern Med</i> 2025; 178:369. 11. FDA-approved for prophylaxis of headaches in adults with chronic migraine. 12. Detailed information provided in the package insert. 13. <i>Med Lett Drugs Ther</i> 2011; 53:7. 14. Cost of one 200-unit vial.						